

A love Story from A to Z



WALK MY WAY

By *Mayenne Carmona*

Do you believe in love at first sight? It happened to me once before, but after a few months, I regained my vision and started to notice all of his imperfections-

imagined and real. When one loses interest, one can notice the existence of warts, even the non-existent ones.

But this didn't happen to Dr. Aivee and Dr. Z Teo. When they met in 2002 at National Skin Center in Singapore, it was love at first sight for Dr. Z; he followed Dr. Aivee around and courted her until she agreed to go out with him. Aivee Aguilar was training at the National Skin Center in Singapore and Dr. Z was doing his internship at the same center. After 3 years of dating, they got married on October 8, 2005 at Methodist Church, Barker Road, Singapore.

Before their marriage, Dr. Z had to go back to Glasgow, UK to complete his training. That was a big challenge in their relationship, but they persevered through the years of their separation. Dr. Aivee started her practice in Las Piñas Doctors Hospital before she married Dr. Z, who also had a thriving practice in Singapore. They were both succeeding in their respective practices, so they decided to join forces and divide the month between Manila/Singapore every fortnight. With meticulous time management, they are running 6 clinics in both countries as of this writing.

Dr. Z states "we had to think of a win-win situation. We both have different expertise so we decided to work together in an aesthetic place of our own". Dr. Z is all about aesthetic anti-aging medicine and surgery, emphasizing on non-invasive or minimally invasive facial contouring and rejuvenation. Dr. Aivee's expertise are in the use of lasers for skin tightening and rejuvenation as well as the use of fillers and botox.

Dr. Aivee says "the ladies come for botox and fillers for their lines and peeling for pigmentation. An increasing number also come for liquid nose lifts, lip and cheek fillers. I also deal with weight loss and body contouring".

Dr. Aivee and Dr. Z are both so svelte and fashion forward, it is difficult to reconcile the fact that they are doctors. They are the perfect role models of their anti-aging wellness and beauty business. The couple has two sons, Kenz age nine and Kenzo age five, and a four year old daughter Keli. The Teos have expanded their practice and put up four clinics around Metro Manila. There is one at Alabang, one at MegaMall and two at Burgos Circle, BGC. The A Institute, which they launched in August of 2016 is their flagship. ■